

First Presbyterian Church
211 Garfield Ave, Box 226
London, OH 43140



Chimes



Dear Church Family,

As I write this newsletter article, I am in the process of moving. I was hoping to use this article to invite you all to a big open house, but we have found a few items in our house that were not built quite right, so we will be living in a construction zone for a little while. My big party will have to wait.

In the meantime, moving has gotten me thinking a lot about downsizing. When we moved to London a few years ago, Devin was not ready to get rid of any of his toys (even those he had as an infant). Now, he thinks he is ready. He has been pulling out toys, playing with them, saying good bye, and telling me to put them in a garage sale box.

I have also been thinking about all of my late husband's stuff that I never went through. I am pulling it all out of storage and thinking that now is finally the time. This will be a very emotional task for me, even after all of these years.

This month, on October 19, our church will be hosting the Older Adult Rally for the presbytery called "Let Go and Let God: Making Space for What Is Important". Apparently downsizing is not just for older adults, though. So, I invite you all to come and learn about how to downsize, the spiritual side of downsizing, and what is next after downsizing. If you are thinking about downsizing or helping someone else downsize, this is the rally for you. See the advertisement in this newsletter for more details.

Imagine if you were in the apostles' sandals in Mark 6:6b-10, how would you go on without all of your stuff? As a refresher, here is what that passage says: "Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, 'Wherever you enter a house, stay there until you leave the place.'" I think this would be very difficult, but it would really help us put things in perspective as we go through all of the stuff we have accumulated.

Yours in Christ,
Pastor Désirée

PSV Older Adult Rally

Our church is hosting the Presbytery of Scioto Valley's Older Adult Rally.

This event will take place on **Saturday, October 19**, from 8:30 AM - 3:30 PM.

ALL AGES are welcome to attend. There will be a worship service and several guest speakers. Learn how to make space for what is important and letting go. Go to psvonline.org for more information and the schedule.

The \$15 registration fee includes a continental breakfast and lunch.

Registration deadline is Monday, October 7, 2024.

Payments can be made to:

accounting@psvonline.org

You can also pay the day of the event, or if you prefer, you can mail your check which must be received by October 7.

Make your check payable to the Presbytery of Scioto Valley, mail to: 4131 N. High Street, Suite B, Columbus, OH 43214.



PCC NEWS

Fall has officially arrived and we are looking forward to cooler weather!

We had a very busy September beginning with our fall program which started on September 3. Even though the weather was not the best, we still tried to get the kids outside to play whenever possible. We also had a successful fundraiser which helped to raise funds for our Sunshine Committee.

With October's arrival we have planned some great activities for the children. Community Helper's Week will take place in the beginning of October. We have many people coming to talk to the kids about their jobs, including London's mayor, police officers, and firefighters! We will have our own pumpkin patch in the PCC yard for the kids to go around and pick a pumpkin to help get them into the spirit of Halloween. On October 31, the children will have their Halloween parties. They will get to dress up in their costumes and go throughout the building and "Trick or Treat"!

Even though it is October, the children will start practicing for their Christmas program! Everyone is welcome to come. The program will be Friday, December 6, 2024 at 7pm!

~ Abbey



God Answers Prayers

PRAYER LINE

All requests to be submitted to Shelley Jones at shelley.j.jones8@gmail.com or call 614-425-7570.

IMPORTANT: Due to privacy issues, please make sure any prayer request is with consent of the person concerned.

Let the pastor know when her presence is needed. If you wish to have prayer concerns lifted during the worship service, please email the church office.

PRAYER REQUESTS FROM PASTOR ABOU OF THE REFORMED NATIONAL CHURCH OF THE SAHEL (RNCS)

The RNCS is building public toilets for some local communities who cannot afford to install toilets for the people. Currently, they use the open bush where many have been bitten by snakes. One toilet could cost \$500.00. Pastor Abou is looking for sponsors to install toilets in some of these communities.

Any help would go a long way in improving health and sanitation in a remote west African country. Any help would be appreciated. Thank you.

WHAT'S HAPPENING? ...

IMPORTANT DATES

October 6: Deacon meeting

October 14: Office will be closed in observance of Columbus Day

October 16: Session

PEACE & GLOBAL WITNESS SPECIAL OFFERING

This offering will be collected on Sunday, October 6. 25% stays with our congregation to support peacemaking in our community, 25% supports peacemaking work in our region, and 50% supports Presbyterians across the world. When we all do a little, it adds up to a lot.

MEN'S GROUP

The next Men's Group will be on Thursday, October 10. The group will meet at 6:00 PM in the church parlor. Hope you can come!

WELCOME TABLE

The next meal will be on **October 10**. The recipes are on the next page. Remember, it is best to use a disposable pan.

- ♦ Chicken Casserole
- ♦ Store bought dinner rolls
- ♦ Chocolate Chip Banana Cake

The food will need to be delivered to the St. Paul AME Church, located at 11 W. Center St, by 4:30 pm. Thank you for your support

HELP HOUSE MEAL FOR 150

The church is hosting the next Loving Kindness meal for the Help House on **Monday, October 21**. The following donations and volunteers are needed:

- 8 boxes Little Debbie Oatmeal Cookies (regular size)
- 15 pounds of penne pasta
- 1 box of zip-loc sandwich bags (150-200 count)
- 3-4 SERVERS (2:00-4:30)

Notify Debbie Blaho if you want to help ... call (614) 736-5126 or email dblaho@columbus.rr.com.

Please have donations to the church by **Sunday, Oct.13**. Thank you!

WELCOME TABLE RECIPES FOR OCTOBER 10

EASY CHICKEN CASSEROLE

- 1 bag egg noodles (12 oz or so)
- 1 can cream of mushroom soup
- 1 can cream of chicken soup
- 2 cups cooked shredded chicken
- 2 cups frozen peas & carrots (12 oz. bag is enough)
- Approximately 2 cups shredded cheddar cheese

- ♦ Preheat oven to 350 deg. Cook noodles. Heat soups together on stove top with a bit of milk to thin down a bit. Add noodles, chicken and peas & carrots. Put in a 9X13 disposable pan and sprinkle some cheddar cheese over the top.
- ♦ Bake for 35-40 minutes. Serves 12.
- ♦ Note: The soup can be both cream of chicken or both cream of mushroom or one can of each.

CHOCOLATE CHIP BANANA CAKE

- | | |
|---------------------|---------------------------------|
| 3 very ripe bananas | 2 cups all purpose flour |
| ½ cup canola oil | 1 tsp baking soda |
| 1 cup sugar | ½ tsp salt |
| 1 large egg | ½ cup chocolate chips (or more) |

- ♦ Heat oven to 350 degrees. Spray 9X13 disposable baking pan with cooking spray.
- ♦ In medium bowl, mash bananas with oil, sugar & egg. Add flour, baking soda and salt, stirring just to combine, then fold in chocolate chips. (don't over mix.)
- ♦ Transfer batter to prepared pan and bake until cake gently springs back when pressed, 18 to 22 minutes.
- ♦ Let cake cool completely.



Dine for Geib

Presented by

**Los Mariachis and
the Martha Geib Memorial
Scholarship committee**

October 7, 8, and 9, 2024
11 a.m. to close

DINE IN OR TAKE OUT

289 Lafayette Street, London, Ohio

Los Mariachis of London will donate 20% of your total bill excluding tax to the MG Memorial Scholarship committee.

You must have the flyer with you when you walk in the door for dine in or pick up to present to your server. Flyers will not be available on site.



Blessing of the Animals



SUNDAY, OCTOBER 13, 2024

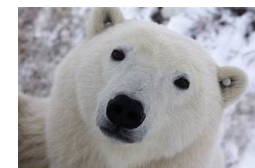
1:00 PM

Front lawn of the church

If your 'best friend' can't come in person, bring a picture or something that represents your beloved pet to receive their blessing. Plan to bring a chair or blanket to sit on.

"An animal's eyes have the power to speak a great language."

-Martin Buber, an Austrian-Israeli philosopher, 1878-1965



WHAT IS THAT COMMITTEE ALL ABOUT?

Pam Dennewitz - Committee Chair

It is hard to believe that autumn leaves are already starting to fall. Autumn truly is my favorite season of the year because of the many fun activities that come with the season. Not only do we have the beautiful bright oranges, yellows, and reds of the turning leaf colors, we also can look forward to the kids returning to school, and dare I say it ... "Ohio State Football." But most importantly for me, Fall means the slowing of outdoor work for the Property Committee.

I am the chairperson of the Property Committee, which is a volunteer position. The work of the property committee is to keep the grounds well kept and keep the actual building itself running smoothly. I do most of the more mundane activities, which include taking care of the plants, grass, and many other miscellaneous activities; plus I steer the work of the committee towards the most pressing needs of the church property. Obviously with a church property as large as ours, there are many areas that need attention and if it were not for all our volunteers, then my job would be much more difficult or even impossible. The work of the property committee is to take care of both the building and the grounds of our church. All volunteers typically do specific types work that are needed. **Pastor Mark** usually does work inside the building that others are unable to do. He also serves as a resource person for the Property Committee. **Joe Blaho** mows the grass, **Steve Welk** does the mulching and helps with the heavy plant work that I am unable to do. **Carl Smith** is our paid Maintenance person, who is not technically on the Property committee, but Carl does work with the committee on specific issues or projects. He also serves as a valuable resource for information.

You might ask "why do I enjoy working on the Property Committee"? Well....it has lots of perks! I can work outdoors with the grass, flowers, trees, and fresh air. Additionally, most of the work can be done at my convenience and it requires very few meetings. The job also has a couple additional perks which are really special: 1) sometimes the PCC teachers load up all the toddlers into the toddler push cart(s) and I get to greet the kids as they roll by and 2) by working outdoors, sometimes church members or others stop by to say hello, to offer a funny story, or to offer suggestions on how the work could be done easier, better, or faster.

Truly God has blessed our congregation with a beautiful outdoor setting as well as a gorgeous church interior, which means I can enjoy God's specially created surroundings while I do my work. Who could ask any more from any job (volunteer or salaried) than that? And although the work is hard sometimes, I get to feel the JOY of working with others in my church to serve the Lord.

The Property Committee is always looking for more volunteers since we know that many hands make light work. By volunteering, you would be able to enjoy all the same perks of the job that I do. If you or your family would enjoy helping with the church property committee, please contact me directly at 614 832-3872 or contact our church secretary, Cherie Watters 740 852-1215 and she will get a message to me.

Blessings, Pam Dennewitz

October's birthflower is the cosmos which symbolizes joy. Also the bright orange calendula, also known as the marigold, which represents grace.

The Tourmaline and Opal are the birthstones of October, symbolizing faithfulness

Fun Days

Oct. 4: Int'l Ships-in-Bottles Day
Oct. 6: National Noodle Day
Oct. 16: National Fossil Day
Oct. 25: Frankenstein Friday

FOLKLORE FOR THE SEASON

- ⇒ When deer are in a gray coat in October, expect a hard winter.
- ⇒ Much rain in October, much wind in December.
- ⇒ A warm October means a cold February.
- ⇒ In October dung your field, and your land its wealth shall yield.

*October glows on every cheek,
October shines in every eye,
While up the hill and down the dale
Her crimson banners fly.
- Elaine Goodale Eastman, 1863-1953*

October's full Moon, known as the Hunter's Moon, arrives on Thursday, October 17.

The Draconid meteor shower is best seen the evening of Oct. 7.

The Orionid meteor shower will peak in the predawn hours of October 21

WHAT IS A PUMPKIN'S FAVORITE SPORT



Answer: SQUASH !

OCTOBER FUN FACTS

RECIPE FOR THE SEASON ... A perfect pancake recipe for the fall season

PUMPKIN PANCAKES

- 1-1/2 cups unbleached all-purpose flour
- 2 tablespoons baking powder
- 2 tablespoons firmly packed light brown sugar
- 1 teaspoon salt
- 2 teaspoons cinnamon
- 1 teaspoon allspice
- 1-1/2 cups canned evaporated milk (not condensed)
- 1 cup solid-pack canned pumpkin
- 2 large eggs, lightly beaten
- 1-1/2 teaspoons vanilla
- 1/4 cup bacon drippings (liquid, but not hot)
- maple syrup, honey, or fresh fruit as accompaniment

In large bowl, sift together flour, baking powder, brown sugar, salt, cinnamon, and allspice. Stir in milk, pumpkin, eggs, vanilla, and bacon drippings, and stir batter until well combined.

Preheat greased griddle or skillet over moderate heat until drops of water scatter over surface. Pour batter onto griddle by 1/3 cupfuls. Cook pancakes for 2 minutes on each side, or until golden and cooked through.

Serve with maple syrup, honey, fruit, or whatever else you like on your pancakes!



RECIPE FOR THE SEASON ... A Healthy Alternative Fun Snack Food

ROASTED PUMPKIN SEEDS

- If you're scooping out a pumpkin, separate the seeds from the pumpkin flesh. (Tip: It's easier to separate the seeds while the flesh is still moist.) Use running water to help detach the pulp.
- Wash the seeds and spread them out on wax or parchment paper (no need to remove the outer shell) and let them dry overnight before roasting. Don't place them on paper towels, because they'll bond to the towel fibers as they dry.
- This recipe is just seeds, olive oil, and salt. Add a hint of nutmeg or cinnamon to spice them up a bit. Other options include: Old Bay seasoning, pepper, brown sugar and cinnamon, pumpkin spice, sea salt and vinegar. Make it your own!

2 cups pumpkin seeds, rinsed

1 tablespoon olive oil (coconut or canola oil is fine, too)

1 teaspoon Kosher or sea salt

Preheat oven to 350°F. In a medium-size bowl, toss seeds in oil to coat.

Spread across a rimmed baking sheet. Tip: Line the pan with parchment to help prevent sticking and burnt edges.

Sprinkle with salt and any additional seasonings that you desire.

Bake about 10 minutes and stir. Bake 5 minutes longer, or until lightly toasted.

Don't allow to burn! Transfer to a large shallow plate to cool before serving.

*If you prefer, you may toast seeds on the stovetop. Warm a large cast-iron skillet over medium heat. Add oil, then seeds, and stir well to coat. Spread mixture in an even layer; stir often until seeds are lightly toasted. Season with salt. Transfer to a large shallow plate to cool before serving.

**If you don't eat them all at once, store roasted pumpkin seeds in an airtight container in the fridge for up to three months.



October

ANNIVERSARIES

<i>Steve & Cherie Watters</i>	<i>10-1</i>
<i>Liz Blakeslee & Cathy Thum</i>	<i>10-3</i>
<i>Mark & Oanh Johnson</i>	<i>10-4</i>
<i>Bill & Peggy Link</i>	<i>10-4</i>
<i>Janis & Roger Hamrick</i>	<i>10-10</i>
<i>Jay & Alice Phillips</i>	<i>10-19</i>
<i>Kevin & Stephanie Mack</i>	<i>10-30</i>

*“May love and laughter light your days
and warm your heart and home.*

*May good and faithful friends be yours,
wherever you may roam.*

*May peace and plenty bless your world
with joy that long endures.*

*May all life’s passing seasons bring the best
to you and yours.*



Diane Campbell	10-5
Prudy Goodyear	10-5
Crystal Schrock	10-6
Gailyn Whipple	10-6
Mike Alexander	10-12
Chris Ansel	10-15
Marshall Geib	10-16
Larry Hart	10-17
Ginger Kronk	10-18
Francis Murray	10-18
Ron Schellhaas	10-22
Connie Dwyer	10-24
Rhonda Miller	10-24
Carole Sue Ames	10-25
Marge Daniels	10-26
John Gregory	10-27
Shawn Runyon	10-28
Pat Campbell	10-29
Josh Bujan	10-30
Keith Miller	10-30
Bill Link	10-31

Those born between October 1 - 22 are Libras, and those born between October 23-31 are Scorpios.

People born in October are romantic and charming. They love with all their heart and soul. They have charisma and are good at winning the hearts of people.

The October born is known to be calm and collected. They have an easy going attitude and tend to stay away from negative people. The October born is sensitive and empathetic towards people.

They are positive, intelligent, believe in honesty and justice, and live in the present. On the downside they can be careless with money.

Some well known people born in October are Ryan Reynolds, Bill Gates, Kate Winslet, Bob Ross, Theodore Roosevelt, Pablo Picasso, Oscar Wilde, and Dwight D. Eisenhower.

OCTOBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	Oct 1	2	3	4	5
<p>Pastor D on Leave</p> <p>Pastor Steve & Cherie- vacation</p> <ul style="list-style-type: none"> 9am Sunday School 						
<p>Pastor D on Leave</p> <p>Pastor Steve & Cherie- vacation</p> <ul style="list-style-type: none"> 1pm PCC Leadership Meeting 5pm Christian Education Zoom IV 6pm Worship Committee Meeting 7pm Choir Rehearsal 						
7	8	9	10	11	12	
<p>Pastor D on Leave</p> <p>Steve Watters vacation</p> <ul style="list-style-type: none"> 9am Sunday School 10am Worship / Communion / PC 11am Deacon Meeting 						
13	14	15	16	17	18	19
<p>Pastor D on Leave</p> <p>Blood Pressure Screen, after wors</p> <ul style="list-style-type: none"> 9am Sunday School 10am Worship 						
<p>Closed for the Holiday</p> <ul style="list-style-type: none"> 11am PCC Leadership Meeting 						
20	21	22	23	24	25	26
<p>Help House Meal</p> <ul style="list-style-type: none"> 9am Sunday School 10am Worship 						
<p>Pastor D Study Leave</p> <ul style="list-style-type: none"> 8-45am Norm. Com. 9am Sunday School 10am Worship 						
27	28	29	30	31	Nov 1	2
<p>Pastor D Study Leave</p> <ul style="list-style-type: none"> 8-45am Norm. Com. 9am Sunday School 10am Worship 						
<p>Organ Tuning</p> <ul style="list-style-type: none"> 4:15pm Mission Committee mee 2 more 						
<p>Pastor D Study Leave</p> <ul style="list-style-type: none"> 1pm PCC Leadership Meeting 4:30pm Session Meeting 11am Session Review 7pm Choir Rehearsal 						
<p>Help House Meal</p> <ul style="list-style-type: none"> 1pm PCC Leadership Meeting 5pm Generation to Generation Fu 6pm PCC Committee Meeting 7pm Choir Rehearsal 						
<p>Pastor D Study Leave</p> <ul style="list-style-type: none"> 6pm LLAMA 						
<p>7pm Choir Rehearsal</p>						
<p>8:30am OAM Rally</p>						

The Chimes

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RETURN SERVICE REQUESTED