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(USA)

Dear Church Family,

While we were in Ely, Minnesota, on our recent vacation, we attended First Presbyterian Church of Ely for Sunday worship. We have probably attended fewer than ten worship services there over the last twenty years, though we must be getting close to ten by now. Even so, we know a few of the people there, and some of them recognize us when we show up about once every two years or so.

The pastor of the church is Rev. Corey Larsen, who Désirée and I have gotten to know over quite a few years. I always enjoy talking with Pastor Corey and catching up on what has happened since we last visited. When we visited this year, he preached on wisdom literature in the Bible, which includes Job, Proverbs, Ecclesiastes, and the Song of Solomon. The focus of his sermon was on Proverbs. Because Proverbs conveniently has 31 chapters, he challenged his listeners to read the entire Book of Proverbs during August, one chapter each day. Well, that sounded easy enough.

Yet, it wasn't nearly as easy as I expected that it would be. Devotional reading of the Bible is not the same as studying it. When I was preaching every week or every other week, I spent many hours studying the Bible while preparing each sermon. I don't spend as much time now because of other responsibilities, yet most of my time with the Bible still involves studying. How hard can it be to find time to read, just read, not study, one chapter each day? Apparently, it was much harder than I anticipated.

As I write this, I'm most of the way through Proverbs, but I've done a very poor job of reading one chapter each day. It's more like I get behind and then read several chapters in one block as I try to catch up. In other words, it's become one more task on my (seemingly endless) list of things to do. I suspect that I'm not alone. We live in a crazy busy world. We move from one task to the next as quickly as possible so that we don't waste time. Once the highest priority task is completed, there is always at least one more to take its place. Of course, there is nothing wrong with keeping busy, at least up to a point. Yet, there is also a place for self care, and again, I suspect that I'm not the only one who finds self care to be somewhat challenging.

What have you done recently to take care of yourself? Do you even observe a sabbath, a time when you set aside work, a time for renewal? Some people seem to have found a balance in their lives; others continue to seek one. Jesus Christ continues to call us and offers us peace in the midst of the storms of life. He is the anchor that keeps us from being tossed around by each crisis that comes our way. Yet, to receive the stability that Jesus offers, we have to know Jesus, his words have to be fresh in our minds, and not just the words of the four gospels, but words about Jesus and words that point to Jesus (which is what the Old Testament does). Is it too much to pick a book of the Bible and read one chapter or one psalm each day? Probably, but it is worth trying as one part of the self care that all of us need.

And now I will share just a few of the proverbs that got my attention this month:

All one's ways may be pure in one's own eyes, but the LORD weighs the spirit. (Proverbs 16:2)

The LORD has made everything for its purpose, even the wicked for the day of trouble. (Proverb 16:4)

Gray hair is a crown of glory; it is gained in a righteous life. (Proverbs 16:31)

Blessings,

Pastor Mark



WHAT'S HAPPENING? ...

IMPORTANT DATES COMING UP

Sept. 7 - Choir Rehearsal resumes, Choir sings on Sept. 10 Sept. 10 - Sunday School starts back up ... Start time is 9:00 AM Sept. 10 - PCC 50th Celebration (Please remember to RSVP asap to the church if you will be attending the lunch).

A MESSAGE FROM THE JOHNSON FAMILY

A CaringBridge site has been started so people have a place to go to remain updated on Dad's condition. The link will be: <u>https://www.caringbridge.org/visit/</u> <u>revgordonjohnsonupdate</u>. The family thought this might be a better way of communicating to everyone as Dad walks this journey.

Thank you for your concern and continued prayers. They are greatly appreciated.

PRESBYTERY OF SCIOTO VALLEY MEETING ON SEPT. 19 Covenant Presbyterian Church 2070 Ridgecliff Rd, Columbus, Ohio 43221 3:00 - 6:00 PM

HUMP DAY LUNCH

Our next lunch date will be on Wednesday, Sept 20, at 11:30. Join us at Los Mariachis in London for an incredible lunch and stimulating conversation. No reservations are needed!

VOLUNTEERS NEEDED FOR SISTERS IN THE LORD GATHERING The meeting will be on Saturday, Sept. 9. If you can do a food donation, contact Carole Ames at 614-296-4656.

Set up help is needed on Friday, Sept. & at 5:00pm to set up tables & chairs, and to set up the sanctuary.

Clean up help is needed on Sept. 9 at 4:00pm to move tables & chairs to Fellowship Hall for the PCC 50th Anniversary. Call Joyce Lloyd at 740-852-4229



<u>We</u> <u>Are</u> <u>Hosting</u> the next gathering on Saturday, September 9, 2023 from 1-3:00 PM.

ALL women are invited to join in ecumenical singing, prayer, praise, testimony, and lunch.

To volunteer to help set up, greet, bring food or clean up, see Joyce Lloyd, Rhonda Miller, or Carole Sue Ames

PRAYER PALS

In Matthew 18:20, Jesus says for where two or three are gathered together in my name, there I am in the midst of them.

This is an opportunity to strengthen your relationship with Jesus Christ and with your church family. From September - December 2023, Prayer Pals will connect each week to share prayer requests, pray for one another, and

meet in person each month to pray for one another together.

If you have not signed up yet, but want to participate, contact a member of Christian Ed ... Melissa Canney, Paul Oswalt, Gina Wells, Gailyn Whipple and Pastor Désirée.



Martha Geib Memorial Scholarship ONLINE AUCTION

NOVEMBER 4, 2023 AUCTION 8 A.M. TO 8 P.M.

NOVEMBER 5, 2023 ITEM PICK UP

IN MEMORY OF MARTHA GEIB

7th ANNUAL EVENT



Virtual Auction



https://mgms.betterworld.org/

All items donated from local businesses, community members, and entrepreneurs

Support the students of our community

Item pick up will be at the Presbyterian Church in London on November 5th from 1:00-4:00 p.m.

For any Questions or Concerns: Call us (740) 506-0012 or (614) 778-3664 London City Schools operates a free store called The Raider Rack where students in grades PK-12 may shop for new clothing, coats and shoes. The store is in its 7th year and serves more than 200 individual students each school year. We are always in need of the following donations:



- Girls' and Women's leggings all sizes, color: black or grey
- Boys' and Men's jogger/athletic pants all sizes, color black or grey
- Girls' and Boys' sneakers sizes: kids 13-6, adults 6-12
- Red Raider gear any type, any size

A tote will be placed in the Narthex for your donations. Thank you!

SUFFICIENT GRACE

First Presbyterian Church is supporting Sufficient Grace this school year by collecting items that they need on an ongoing basis:

- Granola bars
- Slim Jims
- Individual size Trail Mix
- Peanut Butter or Cheddar Cheese Sandwich Crackers
- Pudding Cups

A collection box is located in the Narthex.

lf you have any questions, you can contact Debbie Blaho at 614-736-5126 or Stephanie Huddleston at 740-506-0012. Thank you for your continued support.

US TOGETHER ... HELPING REFUGEES/IMMIGRANTS

"Truly I say to you, as you did it to one of the least of my brethren you did it to me." Matthew 25:40.

This is the list of items needed on a continual basis that the Mission Committee is collecting for US Together. A collection bin has been setup in the Narthex. Thank you for your support!

Soap (body wash or bars) Shampoo/Conditioner Deodorant Diapers Baby Wipes Menstrual pads (no tampons) Toilet Paper Toothpaste & Toothbrushes Floss Mouthwash (alcohol free) Socks (new - adult, children sizes) Dish Soap Spray Cleaners Laundry detergent





Summer has officially come to an end at the PCC, and the school age class started school on August 16th!

The staff had another In-Service Day on August 11. Some of the teachers had CPR and First Aid Training, while the others were able to clean and organize their classrooms to get them ready for the fall! Our Fall program starts on September 5, 2023!

The teachers and children are getting ready for the PCC's 50th Anniversary Celebration on September 10, which will begin during the church service, followed by a lunch, games, and silent auction in the Fellowship Hall. The school agers have been practicing a play they will be performing, and the preschoolers have been practicing the songs they will be singing! During the celebration, the staff will be recognized. This will be a wonderful opportunity to let the teachers know how much they are appreciated and recognize ALL that they do. We hope to see you there!

~ Abbev

On a final note, we wanted to say THANK YOU SO MUCH for the donations that came from the Cruise In! The Cruise In was a great success. We greatly appreciate everything you do to help us!



GRANDPARENTS DAY - September 10, 2023 The month of September was chosen for Grandparents Day because it is the start of autumn, as in the "autumn of one's years". It was made National Grandparents Day in the U.S. in 1978 under President Jimmy Carter. National Grandparents Day started in Canada in 1995.

"Parents know a lot, but grandparents know everything."

"Grandfathers are just antique little boys."

"Being a grandparent means you can be as silly you want to be."

"If nothing is going well, call your grandmother."

"Grandpas always have time for you when everyone else is too busy."

"Grandmas never run out of hugs or cookies."

"The best place to be when you're sad is your grandparent's lap."

"A grandfather is someone with silver in his hair and gold in his heart."

"Grandparents are a delightful blend of laughter caring deeds, wonderful stories and love."

> Grandparents have ears that really listen, arms that always hug & hold, love that's never ending, and a heart that's made of gold. Happy Grandparents Day!

PRAYER LINE

All requests to be submitted to Shelley Jones at shelley.j.jones8@gmail.com or call 614-425-7570.

IMPORTANT: Due to privacy issues, please make sure any prayer request is with consent of the person concerned.

Let the pastor know when her presence is needed. If you wish to have prayer concerns lifted during the worship service, please email the church office.



PRAYER REQUESTS FROM PASTOR ABOU OF THE

REFORMED NATIONAL CHURCH OF THE SAHEL (RNCS)

Please continue to keep in your prayers the young girl that had broken her leg at the knee. Her surgery was a success and she is recovering nicely.

Pastor Abou asks for your continued prayers for the church, the people, and the orphans that are under their care. Thank you.



MEET KEITH AND SUE MILLER

Keith & Sue have been attending First Presbyterian Church since 2000.

Sue grew up in Dayton, Ohio. Keith grew up in South Vienna on a dairy farm. They met when both were working at Miami Valley Hospital in Dayton. They have lived in South Vienna for 38 years.

Keith & Sue's daughter and husband, Lindsay & Broc, and their 4 year old grandson, Kash, are stationed at

Tyndall AFB in Panama City, FL. Their son, Matt, and his significant other, Katelyn, live in South Vienna, where Matt is the owner of MD Miller Concrete Construction.

Their furry children include an all white barn cat named Spooky, a black & white house cat named Lucky, along with MANY rabbits - one of Keith's hobbies.

Sue retired from 45 years as an RN in 2020 (29 years were at Miami Valley Hospital and 16 years at Riverside Hospital). Most of her career was in Neonatal ICU.

Keith worked 20 years as a biomedical equipment technician (6 years at Miami Valley Hospital & 14 years at Clark County Dialysis). He is also a life-long farmer and construction worker and owner of Miller Farms, Inc. He also works with his son as a concrete finisher.

Both of them are passionate about exercising. Sue enjoys running, yoga, and pilates. Keith enjoys weightlifting, elliptical and spin bike. They occasionally enjoy motorcycling.

Keith and Sue are pretty much 'homebodies' and love spending time with their family. Be sure to take a minute and say hi when you run into them at church.

FALL RECIPES to Try Out

Baked Apples Filled with Sausage

- pound bulk sausage
 large tart baking apples
 tablespoons brown sugar
- teaspoon ground cinnamon
 1/4 teaspoon grated lemon rind
 1/4 cup chopped figs (optional)

Preheat the oven to 375 degrees. Brown the sausage in a large skillet. Wash the apples and cut a slice from the tops. Scoop out the flesh, leaving shells 1/2 inch thick. Cut the flesh from the cores and chop it. Add the chopped apple, brown sugar, cinnamon, lemon rind, and figs to the sausage and mix well. Fill the apple shells with the mixture. Sprinkle the tops with brown sugar, cinnamon, grated lemon rind, &/or chopped figs. Place in a baking dish, cover, and bake until tender, about 40 minutes. Serve with hot biscuits and a green salad.

Apple Cinnamon Waffles (4 servings)

- 1-1/2 cups all-purpose flour
- 1 tablespoon baking powder
- 1/2 teaspoon ground cinnamon
- 1/2 cup whole wheat flour2 teaspoons packed brown sugar1/2 teaspoon salt1 cup milk

1 teaspoon vanilla extract

3 eggs, separated

1/4 cup melted butter, plus extra for waffle iron 1/2 sweet apple, such as Fuji or Gala, cored, and grated

Preheat waffle iron.

In a bowl, whisk together flours, baking powder, brown sugar, cinnamon, and salt.

In the bowl of a stand mixer, beat egg whites until soft peaks form. Set aside. In another bowl, whisk together egg yolks, milk, butter, and vanilla. Stir egg yolk mixture into dry mixture until combined (some lumps are fine).

Gently fold in egg whites, then fold in apple.

Brush melted butter over hot waffle iron. Spoon batter into waffle iron and cook for 3 to 5 minutes, or until nicely browned

September **birth flowers** are the **Morning Glor**y (symbolizes affection, and the **Aster** (signifies powerful love).

The September **birthstone** is the **Sapphire**. It symbolizes purity, truth, trust, and loyalty.

Labor Day pays tribute to the contributions and achievements of American workers and is traditionally observed on the first Monday in September. It was created by the labor movement in the late 19th century and became a federal holiday in 1894.

Sept. 26 is

Johnny

Appleseed

Day.

Celebrating

John

Chapman

and

everything

apple!

September's full moon, the **Harvest Moon**, reaches peak illumination on Friday, September 29

September is National Happy Cat Month September 11: National Hug Your Hound Day September 19: International Talk Like a Pirate Day September 24: National Punctuation Day

SEPTEMBER BITS

THE AUTUMNAL EQUINOX (THE 1ST DAY OF FALL) ARRIVES ON SATURDAY, SEPT. 23, IN THE NORTHERN HEMISPHERE.

September 11 is Patriot Day, held in honor and remembrance of those who died in the September 11 attacks of 2001.

On Sept. 12, 1962, President Kennedy made a speech to fund the space program to a crowd of 35,000 at Rice University in Texas. "We choose to go to the Moon in this decade and do the other things, not because they are easy, but because they are hard ..."



May your day be touched by a bit or Irish luck, Brightened by a song in your heart, And warmed by the smiles of the people you love.

9-2
9-15
9-22



If you were born between Sept. 1-22, your Zodiac sign is Virgo, best known for being practical, loyal, and organized. If born between Sept. 23 -30, you are a Libra, who are known to be balanced, social and fair minded.

September borns can over think

things, and as a result will become anxious. They are very polite, and try to be humble. September borns can be adventurous, with a strong desire to explore new things. They can be perfectionists, love to read books, hardworking, loving, and they enjoy their food!

John Gorman	9-1
Gary Bogenrife	9-1
Elaine Stuthard	9-1
Oanh Johnson	9-5
Mel Cordle	9-8
Jim Buell	9-8
Dick LeBeau	9-9
Karen Geyer	9-12
Tim Good	9-12

Logan Toops	9-14
Cody Smith	9-23
Kelso Wessel	9-23
Annette Shaw	9-23
Tonya Downing	9-27
Joe Blaho	9-28
Brenda Engle	9-29
Mary Anne Hermar	n 9-29
Hope Smith	9-30

SEPTEMBER 2023	SAT 2	9 Fellowship Hall / Joyce Lloyd	16	23	°.
	FRI Sep 1 Cherie Off	8 9 Parlor / Joyce Lloyd • 6pm Fellowship Hall / Joyce Lloyd	15	22	29
	THU 31	7 • 6pm Worship Committee Meetini • 7pm Choir Rehearsal, resumes	14 • 4:15pm Mission Committee mee • 7pm Choir Rehearsal	21 • 11am Session Review • 7pm Choir Rehearsal	28 • 10am LLAMA • 7pm Choir Rehearsal
	WED 30 • Tpm PCC Leadership Meeting	6 • 1pm PCC Leadership Meeting • 5pm Christian Education Zoom M	13 • 1pm PCC Leadership Meeting • 4pm Stewardship Commission	20 • 11:30am Hump Day Lunch Day • 1pm PCC Leadership Meeting • 4:30pm Session Meeting	27 • 1pm PCC Leadership Meeting • 6pm PCC Committee Meeting
	TUE 29 4:15pm Membership Committee	5 • 9am Piano Tuning (per Tom Lloyc	12	19 • 3:30pm Presbytery Meeting	26
	MON 28	4 Labor Day - Closed for the Holiday	11 • 11am PCC Leadership Meeting	∞	25
	SUN 27 • 10am Worship	3 • 10am Communion • 10am Worship • 11am Deacon Meeting	10 Blood Pressure Screen, after wors Choir is back PCC 50th Anniversary Celebration • 9am Sunday School • 10am Worship	17 • 9am Sunday School • 10am Worship	24 • 9am Sunday School • 10am Worship

The Chimes

First Presbyterian Church 211 Garfield Ave, Box 226 London, OH 43140

RETURN SERVICE REQUESTED



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